



Celebration of the Winter Solstice

@ Anam Ashram, 71 Bancroft Park Tallaght Dublin 24

Friday 20th December 7.30 pm – 9.30 pm

Join us for an opportunity to step aside from our busy lives to honour the blessings of nature & celebrate the Winter Solstice – a contemplative season.

Creation itself is a sacred text through which the presence of God is revealed to us – our first bible. Nature shows us the true reality of life with its continuous cycle of life and death. Let us develop a gratitude for the wisdom Winter brings, teaching us about the need for rest, silence, solitude and reflection as an essential part of renewal. The rhythm of Winter teaches us the courage to stand strong, the faith to maintain a positive outlook and hope for the future.

The evening is highly participative with activities, stories, discussion, song, music & private quiet time to help participants experience the deep spirituality of nature.

Facilitator – George Kearns



Donations only. Tea, coffee & mince pies by the fireside will help us enter into the festive atmosphere. For more information call Jane at 0863390526

www.anamashram.com or facebook page: Anam Ashram

Directions - From the Spawell Roundabout follow the N81 onto the Tallaght road, towards Tallaght. At the next roundabout, take the second exit which brings you to a smaller roundabout. Take the first exit off this roundabout onto the main road. Travel 600 meters and take the second right onto Bancroft Road. Take the next left onto Bancroft Park. The last house on the left at the end of this road is 71 Bancroft Park or Anam Ashram, just before the green.